



## Mechanisms of dyspnea following COVID-19 recovery

**Men and Women** wanted for a study investigating the sensations of breathlessness during exercise in individuals who have recovered from COVID-19 compared to healthy control individuals

### Eligibility:

- 19 years of age or older
- Able to read and understand English
- Recovered from COVID-19 infection **OR** healthy with no history of cardiovascular or lung disease with no know history of COVID-19

### Participation involves 1 to 2 visits and include:

- Breathing tests
- Maximal exercise test ( $VO_{2max}$  test)

### Time Commitment:

- Each visit takes around 3 hours
- Participants recovering from COVID-19 will complete 2 visits
- Healthy control participants will complete 1 visit

**Participants will receive an honorarium for their participation.**

If interested please contact: **Kathryn Milne**  
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